IMPACT REPORT 2016/17





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STEVE CUSS

HEAD OF COMMUNITY

Welcome to AFC Bournemouth Community Sports Trust 2016/17 impact report.

This report looks at the continued growth and development of the Trust, over the last two years, as we work to establish ourselves along with the football club in the top flight of English football.

Having started in the role 15 years ago, with two schools, the work now covered by the Trust has progressed in both practical delivery and classroom based lessons and I am proud to still be out there delivering football to the children and young people of Bournemouth and the surrounding areas, as well as developing our link and relationship with the older generation and the international community.

The future for the Trust looks very positive as we continue to grow within our own area and beyond, alongside our very successful AFC Bournemouth First Team. The projects and sessions we delivery across the area for our football club plays a massive role in allowing more fans and future fans to access our resources and the Vitality Stadium on almost every day of the week not only a very exciting match day.

Without doubt the success we have had would not be possible without the Community Sports Trust staff, who work tirelessly to deliver their projects and engage with the local community. The fantastic support of AFC Bournemouth, this support starts at the very top with our Chairman and Trustee Jeff Mostyn, Chief Executive Neill Blake, General Manager Liz Finney and Commercial Director Rob Mitchell, and includes the AFC Bournemouth players and First Team Management.

The continued success would also not be possible with the support of our trustees, volunteers, local businesses and all our funders. Thank you all for your continued support throughout another memorable season within the Premier League.

ABOUT US

AFC Bournemouth Community Sports Trust is the charitable arm of Premier League club, AFC Bournemouth. The Community Sports Trust actively works within the local communities of Bournemouth, Poole and the surrounding areas delivering practical and educational sessions.

AFC Bournemouth Community Sports Trust was formed in 2008 from the Football in the Community, and has continued a charitable working partnership with AFC Bournemouth. Charity Number: 112293.

AFC Bournemouth Community Sports Trust's vision is to help people achieve their goals through the delivery of quality sessions. In an average week, the Community Sports Trust work with approximately 3,500 people across 100 sessions, for children as young as one-year old to adults over 50.









PARTICIPATION

One of our main aims is to get as many people involved in and playing regular football. With this, we provide as many opportunities as possible for children and adults to get involved in our sessions. Over the past two seasons, the power of the Premier League and the AFC Bournemouth brand has enabled us to engage with over 1,500 more individuals on a weekly basis.



FEMALE PLAYERS HAVE PLAYED IN RECREATIONAL FOOTBALL SESSIONS SINCE SEPTEMBER 2017

CHILDREN HAVE ATTENDED MINI-CHERRIES SESSIONS (PRESCHOOL/TODDLER SESSIONS FOR

BOYS AND GIRLS AGED 1-4 YEARS OLD)

722 BOYS & GIRLS

HAVE BEEN INTRODUCED TO FOOTBALL AND PHYSICAL **ACTIVITY THROUGH OUR WEEKLY MINIKICKERS SESSIONS**

INDIVIDUAL BIRTHDAY PARTIES HAVE BEEN HOSTED AT AFC BOURNEMOUTH'S VITALITY STADIUM SINCE THE START OF THE 2016/17 SEASON

SOCCER SCHOOLS

AFC Bournemouth Community Sports Trust Soccer Schools are the staple events of any school holidays. Sessions are run across weekdays throughout the various school holidays, and are supported by CMP Print.

AFC Bournemouth Community Sports Trust Soccer Schools run across Bournemouth, Poole, Purbeck and Blandford and are offered to children aged 4-14 years old. All sessions include fun warm up games, skill sessions, penalty competitions and small-sided matches.



CHILDREN ENGAGED IN AN AVERAGE WEEK OF COMMUNITY SOCCER SCHOOLS



4 UNIQUE SOCCER SCHOOLS WERE HOSTED THIS YEAR

SOCCER SCHOOLS HAVE ENABLED US TO BRANCH INTO OTHER AREAS INCLUDING JERSEY, GUERNSEY AND BRISBANE AUSTRALIA

306 CHILDREN AGED 5-14 YEARS OLD

PLAYED ON THE PITCH AT VITALITY STADIUM THROUGH COMMUNITY SOCCER SCHOOLS

2,612 HAVE PROGRESSED FROM COMMUNITY SOCCER SCHOOL SESSIONS INTO OTHER CHILDREN PROGRAMMES AND THE REVERSE

CHILDREN ATTEND
COMMUNITY SUMMER
RESIDENTIAL CAMP
AT MILTON ABBEY SCHOOL

LINKED CLUB SOCCER SCHOOLS ARE HOSTED THROUGHOUT A SEASON - LINKED CLUB SOCCER SCHOOLS ARE HOSTED SPECIFICALLY WITH A LOCAL FOOTBALL CLUB, WHO WORK IN PARTNERSHIP WITH THE COMMUNITY SPORTS TRUST.

3,885

DIFFERENT CHILDREN HAVE ATTENDED AN AFC BOURNEMOUTH COMMUNITY SPORTS TRUST SOCCER SCHOOL DURING THE 2016/17 SEASON

EDUCATION

AFC Bournemouth Community Sports Trust offer a wide range of educational activities, from project lessons and PE Lessons within school time with primary school children to offering various projects within schools alongside working with local colleges and university students.

OVER 6,000 CHILDREN OF PRIMARY SCHOOL AGE HAVE ENGAGED IN AT LEAST ONE LESSON WITH **AFC BOURNEMOUTH COMMUNITY SPORTS TRUST**

AFC BOURNEMOUTH COMMUNITY SPORTS TRUST HAVE WORKED WITH OVER



EDUCATIONAL ESTABLISHMENTS INCLUDING PRIMARY & SECONDARY SCHOOLS, **COLLEGES AND UNIVERSITIES DURING** THE 2016/17 SEASON

OVER 40 STUDENTS

TOOK PART AND COMPLETED THE FOOTBALL **DEVELOPMENT COLLEGE PROGRAMME** AT ST ALDHELMS' ACADEMY



FROM TWO BOURNEMOUTH SCHOOLS TOOK PART IN THE PREMIER LEAGUE ENTERPRISE CHALLENGE. 2016/17 WAS THE FIRST SEASON AFC BOURNEMOUTH COMMUNITY SPORTS TRUST HAVE HOSTED THE



BOURNEMOUTH UNIVERSITY STUDENTS PLAYED FOR BU FOOTBALL TEAMS WHICH WERE SUPPORTED BY COMMUNITY SPORTS TRUST STAFF AFC BOURNEMOUTH COMMUNITY SPORTS TRUST ALSO SUPPORTED VARIOUS OTHER BU PROGRAMMES, INCLUDING THE GLOBAL BUSINESS TALK

SCHOOLS PROJECTS

AFC Bournemouth Community Sports Trust deliver educational workshops to all local primary school across Dorset. These workshops are themed to different topics including; healthy living, internet safety, road safety and respect.

These workshops are one hour in duration and use a variety of different resources to engage the children and encourage them to learn more around these non-curriculum subjects.





OVER 250

PROJECT LESSONS DELIVERED INTO LOCAL BOURNEMOUTH & POOLE SCHOOLS



5,500 **CHILDREN WORKED**

WITHIN THESE **PROJECT LESSONS**

23 DIFFERENT SCHOOLS ACROSS BOURNEMOUTH & POOLE RECEIVED THE FREE EDUCATIONAL WORKSHOPS

PROJECT AMBASSADORS





















PREMIER LEAGUE PRIMARY STARS

AFC Bournemouth Community Sports Trust delivered the Premier League Primary Stars project within local Bournemouth schools, with the support of Medhurst IT.

During a ten-week fitness programme, based at Vitality Stadium, Year 5 and 6 pupils were taught the fundamental skills of football, through fun lessons named after their favourite AFC Bournemouth footballers, for instance 'Turn like Marc Pugh' and 'Score goals like Benik Afobe'. To add to this each lesson also included an underlying tone of respect, as the coaches encouraged fairness and equality from all the pupils, whilst also improving their confidence and team-work skills.

PROJECT AMBASSADOR

Benik Afobe also visited two schools throughout the year.

COMMUNITY SPORTS TRUST COACHES HAVE WORKED WITH A TOTAL OF 19 TEACHERS

INCLUDING ASSISTANCE WITH PE LESSON DELIVERY AND THROUGH TEACHER CPD EVENTS



AFC BOURNEMOUTH COMMUNITY SPORTS TRUST HAVE DELIVERED

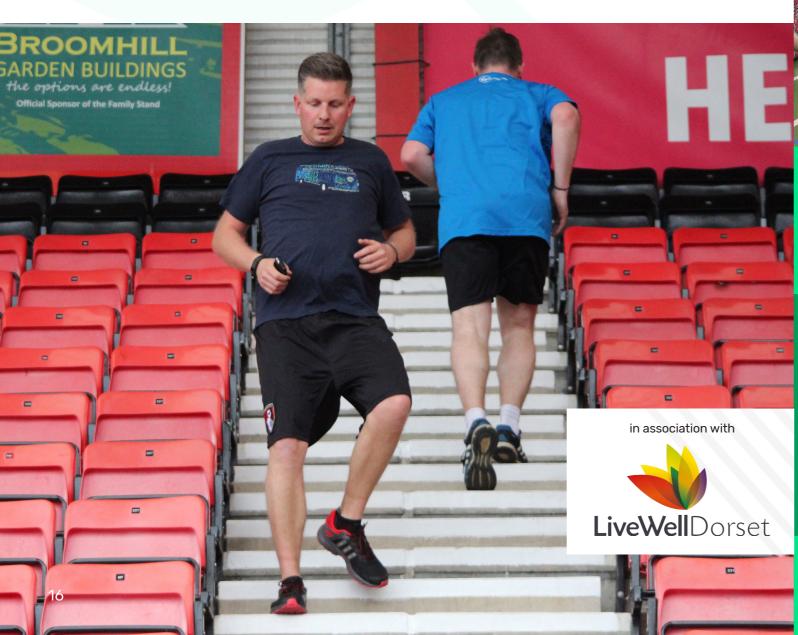
450 CURRICULUM-TIME LESSONS

DIFFERENT SCHOOLS HAVE BENEFITTED FROM WEEKLY VISITS FROM AFC BOURNEMOUTH COACHES

HEALTH

AFC Bournemouth Community Sports Trust are committed to helping individuals improve their health and wellbeing. The Goals projects are the two main initiatives used to help encourage both men and women back in to regular exercise, whilst educating them around small exercises and routines they can use to exercise at home.

The Cherries Fit Challenge is funded by the Premier League and targets just males aged 35+, and challenges them to lose weight and body fat during a ten-week fitness programme, based at Vitality Stadium. Measurements are taken and results are recorded in order to keep the participants motivated throughout.



67 MALES OVER 50 OF THE MALE PARTICIPANTS

AGED FROM 36-70 HAVE TAKEN PART IN THE CHERRIES FIT CHALLENGE

BODY MEASUREMENT RECORDINGS INDICATED WEIGHT/BODY FAT PERCENTAGE LOSS



OF THE MALE PARTICIPANTS HAVE REPORTED THAT THEY FEEL MORE CONFIDENT SINCE PARTICIPATING

40 FEMALES **AGED 16-50 HAVE TAKEN PART** IN FEMALE ONLY FITNESS CLASSES





INCLUSION

AFC Bournemouth Community Sports Trust runs many inclusion based programmes, many of which are funded by the Premier League. These programmes operate on a turn up and play basis and are open to anyone within the specific age bands.

AFC Bournemouth's Inclusion sessions offer a safe environment for young people to enjoy football, whilst also offering additional benefits including playing matches in AFC Bournemouth match kit, against opposition from other Premier League teams, Premier League match tickets and work experience at the Community Sports Trust.

1311 YOUNG PEOPLE

AGED FROM 8-19 YEARS OLD HAVE ENGAGED IN AT LEAST ONE SESSION OF AFC BOURNEMOUTH'S PREMIER LEAGUE FUNDED INCLUSION PROGRAMME

AFC BOURNEMOUTH COMMUNITY SPORTS TRUST HAVE USED 7 DIFFERENT

SITES TO ENGAGE YOUNG PEOPLE IN SOCIAL INCLUSION SESSIONS

OF INCLUSION PARTICIPANT SESSIONS
HAVE BEEN AGED 14-19

342 OF THOSE ENGAGED IN INCLUSION BASED ACTIVITIES HAVE BEEN FEMALE

PREMIER LEAGUE KICKS

Premier League Kicks is the Premier League's flagship community programme which uses the power of football and sport to inspire young people. AFC Bournemouth Community Sports Trust is into the second year of delivering the Premier League Kicks programme, after becoming the 55th club to receive funding to do so, from the Premier League.

The Community Sports Trust's programme, runs every night of the week, and uses various football facilities across Bournemouth, Poole and the surrounding areas to engage young people from ages 8-19 years old in free football activities.



PREMIER LEAGUE KICKS

FESTIVAL AND TOURNAMENTS HELD ON THE MAIN PITCH AT VITALITY STADIUM

1.143 YOUNG PEOPLE

AGED 8-19 YEARS OLD ENGAGED IN AT LEAST ONE AFC BOURNEMOUTH COMMUNITY SPORTS TRUST PREMIER LEAGUE KICKS SESSION SINCE SEPTEMBER 2016





JUST UNDER HALF OF THE PARTICIPANTS HAVE ATTENDED 4-10 SESSIONS

of these young people, are females aged 8-16 year olds

THE RECORD NUMBER ATTENDANCE ON ANY PREMIER LEAGUE KICKS SESSION

16 VOLUNTEERS

HAVE ENGAGED WITHIN THE PREMIER LEAGUE KICKS PROGRAMME, ASSISTING THE COMMUNITY STAFF IN THE DELIVERY OF THE SESSION

OVERALL, WE HAVE BEEN INVOLVED IN 18 COMPETITION SESSIONS.

THESE INCLUDE INTRA-HOUSE COMPETITIONS, BUT ALSO FIXTURES AGAINST OPPOSITION INCLUDING WEST HAM & SOUTHAMPTON

CARE SOUTH

AFC Bournemouth Community Sports Trust have been working in partnership with Care South for three consecutive seasons. The partnership includes two main activities; the Extra Time project and Walking Football.

The Extra Time project involves AFC Bournemouth Community Sports Trust coaches visiting the various Care South residential homes across Bournemouth, Poole, Christchurch and other Dorset locations. As part of the project, the residents and Community Sports Trust coaches take part in various activities including sharing AFC Bournemouth memories through photos and memorabilia items. They also participate in Chair Football games.

The Community Sports Trust also host weekly Walking Football sessions, which are open to anyone aged 50+ to get involved in. The Care South project has proved to be hugely beneficial to those taking part, whether it has been within the Walking Football or Care South home visits. The sessions have allowed older members of the community to get more active whilst the Care South home visits have also provided the opportunity for the residents to discuss their football memories.



47 PEOPLE AGED 50+

HAVE GIVEN ONE OF OUR WALKING FOOTBALL SESSIONS A TRY. THE RULES ARE THE SAME, YOU'RE JUST

NOT ALLOWED TO RUN!

OF OUR WALKING FOOTBALL PARTICIPANTS HAVE BEEN FEMALE



PREMIER LEAGUE GIRLS

AFC Bournemouth Community Sports Trust is one of 87 clubs who deliver the Premier League funded Girls programme to local girls. The project aims to provide opportunities for all girls, from those just trying out football to the budding young female footballers to take part in the sport.

The Community Sports Trust has offered various weekly sessions for girls and women of all ages to get involved in football, and has many progress onto other opportunities from this.



WE HAVE TAKEN PART IN 6 COMPETITION

FIXTURES WITH OUR PREMIER LEAGUE GIRLS PARTICIPANTS, INCLUDING THE FA PEOPLE'S CUP

AFC BOURNEMOUTH'S COMMUNITY SPORTS TRUST'S PREMIER LEAGUE GIRLS PARTICIPANTS RANGE FROM ITYEARS OLD TO OVER 50!

OF OUR PARTICIPANTS HAVE MADE THE TRANSITION INTO AFFILIATED FOOTBALL, WITH A FURTHER 4 PROGRESSING INTO COUNTY FOOTBALL

AFC BOURNEMOUTH WOMEN AND GIRLS

The AFC Bournemouth Women and Girls programme expanded for the 2016/17 season, to include girl's youth teams, for the first time in the club's history. These teams were introduced to run alongside the two AFC Bournemouth Ladies Senior teams.

In total, four age groups were added; under 10, 12, 14 and 16 and these teams have played their league matches in the Winchester and District Girls League, whilst the two Ladies side's played in the Hampshire Women's Leagues.

The future plans for AFC Bournemouth Ladies is to continue the growth of the programme and progress through the leagues, to play in the Women's Super League.

GRIST LEGAL RECRUITMENT













REPRESENTED AFC BOURNEMOUTH WITHIN THE UNDER 10,12,14 AND 16 AGE GROUPS

SECURED PROMOTION
FOR THE 2ND SUCCESSIVE SEASON, MAKING IT

4 PROMOTIONS IN 2 YEARS

THE LADIES FIRST TEAM WILL NOW PLAY IN THE SOUTHERN REGION WOMEN'S FOOTBALL LEAGUE

OUT OF THE 5 GIRLS

WHO TURNED I6 DURING THE SEASON, 4 PROGRESSED OUT OF THE UNDER I6 TEAM AND PLAYED FOR EITHER OF THE 2 LADIES TEAMS



DISABILITY

At AFC Bournemouth Community Sports Trust we are committed to ensuring that everybody has the opportunity to play football and attend a session designed to meet their needs. Thanks to the Premier League and BT Disability Fund we are developing the Club's Disability programme to offer a range of competitive and recreational sport opportunities.

The programme will be fully developed over the next three years and will include opportunities in; Frame football, Cerebral Palsy football, hearing and visually impaired football and a disability sports league as well as many other sessions and opportunities for people with disabilities to be involved. The programme will see us work closely with a variety of key partners in the community such as the local authority, special education needs schools and disability charities to develop and implement a specifically designed programme of impairment specific and pan disability sport to get as many people as possible engaged in sport.





ABILITY COUNTS

The AFC Bournemouth Community Sports Trust Ability Counts programme has been running for nearly 10 seasons, and is proud to offer over 100 players the chance to participate in regular football sessions. The overall aim of Ability Counts is to increase participation and encourage all players with a learning and/or physical disability to play football in an environment best suited to their needs.

In their most recent history the AFC Bournemouth Ability Counts teams have celebrated many different successes;

The Ability counts Senior Teams were crowned Champions of the 2015/16 Dorset Ability Counts League, moving to the Hampshire Ability Counts league for the 2016/17 season both the Senior team and the Under 16 teams won their respective leagues.

CST MATCHDAY

For the first time during the 2016/17 season, AFC Bournemouth nominated the Premier League match against Stoke, as the Community Sports Trust Match Day. This game enabled the football club and all the fans to celebrate all things AFC Bournemouth Community Sports Trust.

Special events throughout the day included the Premier League Fixture on the 3G pitches against players from Reading FC and half time penalties for young Cherries' fans. Finally to celebrate the diversity across the Community Sports Trust programmes, all of the flag-bearers on the day were from a variety of projects including Minikickers, Premier League Kicks, Goals and the Care South project.





THE AFC BOURNEMOUTH FIRST TEAM PLAYERS WARMED UP WEARING **AFC BOURNEMOUTH**

COMMUNITY SPORTS TRUST T-SHIRTS

50 PARTICIPANTS

TICKETS TO ATTEND AN AFC BOURNEMOUTH PREMIER LEAGUE MATCH

PARTICIPANTS FROM A VARIETY OF **COMMUNITY SPORTS TRUST PROGRAMMES WERE** FLAG BEARERS. THIS IS THE FIRST TIME AFC BOURNEMOUTH HAVE HAD ADULTS AS FLAG BEARERS, AND THE FIRST TIME SOME OF INDIVIDUALS HAD ATTENDED

A GAME

CHERRIES COMMUNITY FUND

AFC Bournemouth's half-time Cherries Community Draw gives supporters the chance to win cash prizes whilst helping the local community through the Cherries Community Fund. At each home game, Cherries' supporters can purchase tickets to go into the draw, with all the proceeds going directly into the Cherries Community Fund.

The three-man panel made up of AFC Bournemouth Chairman Jeff Mostyn, Head of AFC Bournemouth Community Sports Trust Steve Cuss and a community representative. On many occasions this season, AFC Bournemouth winger Marc Pugh has sat on the panel, and helped to decide who receives the funding. Any project or organisation can apply to receive a grant of up to £1000 from the Cherries Community Fund.

A DONATION OF £1,000 WAS MADE TO SAFEWISE.

A LOCAL CENTRE THAT PROVIDES SAFETY EDUCATION AT NO COST FOR ALL CHILDREN IN DORSET, TEACHING THEM HOW TO STAY SAFE ON THE ROADS, IN THE HOME AND WHILST AT PLAY

£1,000 TO ABBEYFIELD HOUSE TO ASSIST WITH THE FUNDING DONATED OF A SENSORY GARDEN

£500 CONTRIBUTION

WAS MADE TO POOLE TOWN UNDER 10'S TO PURCHASE A NEW PLAYING KIT

DIFFERENT PROJECTS
AND ORGANISATIONS
HAVE RECEIVED SUPPORT
FROM THE CHERRIES
COMMUNITY FUND







MATCHDAY ACTIVITIES

For every home game throughout the 2016/17 season, AFC Bournemouth Community Sports Trust were given 35 Community tickets per game, 10 of which were used to engage with local partners. These groups identified by AFC Bournemouth as groups who would not normally be able to access AFC Bournemouth on match days.

Many different groups were invited to specific games to fall in line with specific national events, including; International Women's Day, Kick It Out, LGBT History Month and Level Playing Field Weeks of Action.





121 INDIVIDUALS

ATTENDED AN AFC BOURNEMOUTH MATCH DURING THE 2016/17 SEASON, MANY FOR THE FIRST TIME

8 OF THESE 121 PEOPLE ARE TRANSGENDER



OF THE 121 PEOPLE WHO ATTENDED AN AFC BOURNEMOUTH MATCH WOULD CONSIDER THEMSELVES TO HAVE

500/0
WOULD CONSIDER THEIR SEXUALITY
TO NOT BE HETEROSEXUAL

PLAYER SUPPORT

104 PLAYER VISITS DURING THE 2016/17 SEASON

BENIK AFOBE
WAS NAMED AS THE
COMMUNITY PLAYER
OF THE SEASON
FOR 2016/17



2016/17 SUMMARY

ON AVERAGE
3,500
PEOPLE ENGAGE IN AT LEAST
ONE AFC BOURNEMOUTH
COMMUNITY SESSION
EVERY WEEK

64 GROUPS

WERE WELCOMED TO VITALITY STADIUM TO TAKE PART IN A TOUR & COACHING SESSIONS

324 GIRLS HAVE ENGAGEDIN WEEKLY FOOTBALL SESSIONS

DURING AN AVERAGE WEEK, THE COMMUNITY SPORTS TRUST WILL DELIVER OVER 100 SESSIONS AROUND BOURNEMOUTH, POOLE AND THE SURROUNDING AREAS

PRIMARY SCHOOL CHILDREN HAVE TAKEN PART IN HEALTHY LIFESTYLES EDUCATION WORKSHOPS

WE EMPLOY

25

LOCAL PEOPLE

104 PLAYER
VISITS TO COMMUNITY SESSIONS
DURING THIS SEASON

12,000
PEOPLE TOOK
PART IN ALL OF OUR
PROGRAMMES





THANK YOU FOR ALL YOUR SUPPORT

AFC BOURNEMOUTH COMMUNITY SPORTS TRUST IMPACT REPORT 2016/17



TOGETHER, ANYTHING IS POSSIBLE.





